

Please choose which type of PPP you would like to do and visit: www.dudleyparents.co.uk to book a



place.

Scroll to the bottom and book here:

[Book and register here](#)

FIND A PARENTING PROGRAMME

You can also scroll down and click “what is Triple P” to find out more about the different types of programmes. You can also click- top right for frequently asked questions-FAQS or call/email: [01384 813954](tel:01384813954) parenting@dudley.gov.uk for more information

****PLEASE NOTE:** Most sessions can also be joined remotely via Microsoft Teams, if this is preferable. Please state this on your booking request**

Would you like to do online programmes, independently (at no cost)? These include ante-natal, couple relationships, additional needs and baby. Many of them are translated into other languages. To access these programmes, simply go to: www.dudleyparents.co.uk

Summer Term Timetable-May 2025

TRIPLE P GROUP is for parents/carers of children aged 2-11years old

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Sessions 5, 6 & 7	Session 8
GROUP Thursday		Dudley Family Hub DY2 8LJ	12:30	2:30pm	25 th September	2 nd October	9 th October	16 th October	23 rd October	Break and one to one telephone calls	13 th November
GROUP MONDAYS		Halesowen Leisure Centre Halesowen B63 3AF	12:30	2:30pm	13 th October	20 th October	3 rd November	10 th November	17 th November	Break and one to one telephone calls	8 th December
GROUP FRIDAYS		Stourbridge Family Hub DY8 1XF	10am	12pm	17 TH October	24 th October	7 th November	14 th November	21 st November	Break and one to one telephone calls	12 th December

TRIPLE P STEPPING STONES is for parents/carers of children with a disability who are under 11 years of age

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal Session)	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6, 7 & 8	Session 9
STEPPING STONES TUESDAYS		Halesowen Leisure Centre Halesowen B63 3AF	10AM	12PM	23rd September	30 th September	7 th October	14 th October	21 st October	4 th November	Break and one to one telephone calls	25 th November
STEPPING STONES THURSDAYS		Dudley Family Hub DY2 8LJ	9:45	12PM	16 TH October	23 rd October	6 th November	13 th November	20 th November	27 th November	Break and one to one telephone calls	11 th December

TRIPLE P TEEN is for parents/carers of children aged 11-16 years old

Day	Facilitators	Venue	Start Time	End Time	Start Date (informal session)	Session 1	Session 2	Session 3	Session 4	Session 5, 6 & 7	Session 8
TEEN Wednesdays		Brierley Hill Family Hub DY5 3DY	12:30 pm	2:30 pm	24 th September	1 st October	8 th October	15 th October	22 nd October	Break and one to one telephone calls	12 th November
TEEN Thursdays		Lye Family Hub DY9 8HT	9:45 am	11:45am	16 th October	23 rd October	6 th November	20 th November	27 th November	Break and one to one telephone calls	11 th December

TRIPLE P BABIES is for expectant parents or those with children under 12 months it aims to prepare parents for a positive transition to parenthood and the first year with baby, promoting sensitive and responsive care.

Day	Facilitators	Venue	Start Time	End Time	Informal Session	Session 1	Session 2	Session 3	Session 4	Session 5, 6 & 7	Final Session
BABIES THURSDAYS		Stourbridge Family Hub DY8 1XF	9:45	11:45	18 th September	25 th September	2 nd October	9 th October	16 th October	Break and one to one telephone calls	6 th November
BABIES WEDNESDAYS		Coseley Family Hub WV14 9DS	12PM	2PM	1 ST October	8 th October	15 th October	22 nd October	5 th November	Break and one to one telephone calls	3 rd December

TRIPLE P FAMILY TRANSITIONS is for parents who are going through or have separated/divorced from their child's other parent, and would like some coping skills, stress relief and ideas on how to make this transition easier for everyone **(FOR PARENTS OF CHILDREN 0-18 years old)**

Day	Facilitators	Venue	Start Time	End Time	Session 1	Session 2	Session 3	Session 4	Session 5
TRANSITIONS TUESDAYS	Lucy	Teams only	12:30pm	2:30pm	21 ST October	4 th November	11 th November	18 th November	25 th November

You **do not** need to attend with your ex-partner, and you can attend whilst also attending a different Triple group

TRIPLE P FEARLESS group programme is for parents/carers whose child (aged 6 plus) is experiencing anxiety which affects their everyday life, to develop ways to help their child become more emotionally resilient.

Day	Facilitator	Venue	Start Time	End Time	Informal Session	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
FEARLESS THURSDAYS		Brierley Hill Family Hub DY5 3DY	12:30 pm	2;30 pm	23 rd October	6 th October	13 th October	20 th October	27 th October	4 th December	11 th December
FEARLESS TUESDAYS		Lye Family Hub DY9 8HT	10am	12pm	9 th September	16 th September	23 rd September	30 th September	7 th October	14 th October	21 st October

DO NOT ADD NVR TO MAIN TIME TABLE OR BOOKING SYSTEM

NVR	Sharon					9 weeks		9 weeks LONG		9 weeks	End session
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